



Health & Wellbeing

It may well be that living within a **Village** has physical, mental and physiological health benefits and it's these that at least partly means so many of us choose to reside in Bayston Hill for, in many cases, generations.

But what, exactly, are those somewhat intangible benefits? How can we define, protect and improve them?

We do need to question with our New Village Plan however not what is good for us **now** but what will be equally good in ten to fifteen years' time; we need to give this serious thought and consideration.

This is about for instance the capacity and range of facilities (given how the size and profile of our community may change) but also a focus on what we can all do individually and collectively to develop creative and practical ideas that will keep us all healthy and living longer.

With that in mind we need to consider a variety of things – for instance our Health Centre facilities. These will be challenged with changes in health needs, increased numbers into the Village and changing population age profile and needs. What if our medical practice, though extending now, needs to consider its future beyond this for the next fifteen to twenty years time to meet changing needs? Would we want this to move out of the Village or where could this facility be rebuilt to meet needs?

We do need to be prepared for this and not just assume maintaining the status quo (because we like it) will be appropriate.

How will our school respond to changes within the Village if numbers continue to grow? Alongside this, are the Village services for residents aged from 0 -100+ meeting our current needs? What will we need within the next twenty years?

Green space within this Village was not brilliantly planned when building happened in the 1960s but other than carefully protect what limited green space we have, what might we compromise on for the future?

Should we expect to invest in more space (as part of any new development) as well as protecting what we have?

How should that investment happen – is it up to the council to use our collective contributions through taxation or should we work with developers?

We are lucky in having the outside recreation space, mainly on the outskirts of the Village which we can all enjoy to gain fresh air and exercise. Are these facilities sufficient if we are projecting our needs into years ahead? How can they change or improve to meet new needs?

To complement these facilities we have a wealth of clubs on offer along with other businesses providing services for us. If we do not utilise these, we may lose them as has happened in the past. What is your daily or weekly practise – do you support all we have on offer?

Do you ever think about the contribution to our collective wellbeing that having these facilities has – or if we lost them what the scale of the impact would be?

We all make choices – and they have consequences.

What other facilities, services and support should we - could we - plan for, to guarantee great quality of health and wellbeing in this Village well into 2027?

Who should provide or pay for them?

What can we do to help ourselves and each other?

Have a think and let us know your thoughts!

Email: bhplan2027@outlook.com

Or write to CLP, c/o the Parish Office

www.baystonhillcommunityplan.org.uk